



NAIO™ Practitioner Training Program Certification Requirements

Use this list to help you track your training completion requirements :

- Completion of Modules 1-6 with 660-hours**
- Completion of Practice Sessions 150-hours**
- Completion of Personal Sessions 10-hours**
- Completion of Home Study 150-hours**
- Completion of Ethics & Business Module 10-hours**
- Completion of Somatic Movement Classes 30-hours**
- Completion of Case-Study Project 40-hours**

You will need to have records of the following documentation as additional evidence of completion of requirements for your certification application:

1. Copies of Certificates of Completion for each Module 1-6
2. Copy of Practice 150-hour Session Logs with NAIO™ Educators Review Signature.
3. Copy of 10-hour Personal Sessions log with NAIO™ Practitioners Signatures per session.
4. Copy of Completion Certificate in Ethics & Business Module
5. Copy of 30 hour Somatic Movement Sessions log with teacher signatures
6. Copy of NAIO® Educators review of Case-Study Project